


# CNA SCOPE OF PRACTICE GUIDE

In addition to what our CAREGivers do, our CNA's can also:	Our Certified Nursing Assistants DO NOT
<ul style="list-style-type: none"> <li>○ Assist with bathing (bed bath, sponge bath, shower) –no tub baths due to safety issues for our Clients and our CNA's.</li> <li>○ Assist with dressing and undressing.</li> <li>○ Assist with oral care including cleaning of dentures (if client is on an anticoagulant medication, such as Coumadin, take appropriate precautions.</li> <li>○ Apply non-medicated cream/lotion to intact skin only.</li> <li>○ Assist with shaving with electric razor only.</li> <li>○ Hair care (brushing, combing, shampooing and drying.</li> <li>○ Assist clients to and from the bathroom.</li> <li>○ Assist with bedpans, urinals, bedside commodes.</li> <li>○ Assist incontinent clients (both bladder and bowel) with pericare and changing undergarments or pads used for incontinence care.</li> <li>○ Assist clients with feeding if they are able to sit upright, chew their food, and swallow and are not at a risk for choking.</li> <li>○ Help clients transfer to/from bed/chair if client is able to bear his/her own weight and pivot.</li> <li>○ Assist with prescription medications that may have been pre-dosed into a pillbox by a family member or nurse.</li> <li>○ Verbally remind client to take meds.</li> <li>○ Hand the appropriate container to the client.</li> <li>○ Open a compartment of the container if the client is unable to do so.</li> <li>○ Encourage exercise by normal body movement and remind client to perform exercises prescribed by a physical therapist.</li> <li>○ Assist with colostomy bag, Foley bag, and Texas catheter.</li> <li>○ Assist client with putting on support stockings ordered by a physician.</li> </ul>	<ul style="list-style-type: none"> <li>• Do not assist with bathing if clients have special skin care needs, a wound, or a dressing that needs care before, during or after a bath.</li> <li>• Do not provide wound care.</li> <li>• If you take vital signs per doctor's order, record in home and call office if needed.</li> <li>• Do not change, handle or adjust oxygen (except for mouth care and shaving)</li> <li>• Do not do tube feedings.</li> <li>• Do not trim or cut fingernails and toenails.</li> <li>• Do not apply lotions/creams/ointments prescribed by a doctor.</li> <li>• Do not fill a pillbox or empty a pillbox compartment.</li> <li>• Do not administer or dose medications.</li> <li>• Do not administer eye drops either prescription or over the counter.</li> <li>• Do not do finger sticks for glucose reading.</li> <li>• Do not give injections.</li> <li>• Do not lift more than 25 lbs.</li> <li>• Do not dead lift.</li> <li>• Do not perform foot or full body massage.</li> <li>• Do not apply heating pads on clients.</li> <li>• Do not apply ace wraps/bandages.</li> <li>• Do not leave a client unattended without authorization.</li> <li>• Do not give enemas or suppositories.</li> <li>• Do not use or apply restraints on clients.</li> <li>• Do not suction a mouth.</li> <li>• Do not do physical therapy.</li> </ul> <div data-bbox="1185 1837 1485 1995">  <p>Home Care Services</p> </div>